To maintain a Healthy Level of Insanity

- 1. At lunchtime, sit in your parked car with sunglasses on and point a hairdryer at passing cars. See if they slow down
- 2. Skip down the hall rather than walk and see how many looks you get.
- 3. Order diet water whenever you go out to eat, with a serious face.
- 4. Specify that your drive-through order is 'TO GO'
- 5 Sing along at the Opera.
- 6 When the money comes out of the ATM, scream 'I WON! I WON!'
- 7 Tell your children over dinner," Due to the downturn in the Economy, we are going to have to let one of you go'.
- 8 Put Decaf in the Coffee Maker for 3 weeks. Once everyone has gotten over their Caffeine Addictions, switch to Espresso.
- 9 Page yourself over the Intercom. Don't Disguise Your Voice!
- 10 Everytime someone asks you to do something, ask if they want fries with that!!